



801-296-0477



## Questions From Our Customers

While our Service Technicians are in your home, we like them to ask if you have any questions regarding your home comfort system. In our upcoming newsletters we'll share some of the things we've been asked.

A frequently asked question, and one that's very relevant with the rise in energy prices, is ...

### "How can I lower my utility bills?"

The answer to this question can vary from home to home, but here are two places to start. First, make sure your air filter is changed frequently. One-inch air filters should be changed monthly, while the bigger and more efficient filters typically last from 4 months to a year. Second, have annual maintenance to make sure your comfort system is working at its maximum efficiency — and so you can ask our amazing technicians your questions.

Call us with any questions you may have.

**High Country HVAC • 801-296-0477**

## Thank You!

At **High Country HVAC**, we work hard each and every day to help solve and service your home comfort needs. It's our job to keep your HVAC system working its best, so you and your family enjoy a more comfortable home.

We want to thank you ...

- For trusting us in your home.
- For allowing us to be your home comfort company.
- For the confidence in us as HVAC experts.
- For your repeat business.

We make it our top priority to provide the best in quality products, service and installation — at the best value. Whether it's a new equipment installation project or simply time to schedule seasonal service, we're here when you need us. Call **801-296-0477** or visit **highcountryhvac.com**.

*Dan Limb & JC Bolton*  
President General Manager

**High Country HVAC**  
"Raising Your Home Comfort to New HEIGHTS"



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Offer good through 6/30/2022 at High Country HVAC. Please present coupon at time of service.  
Not valid with other offers or discounts. If you can't use this coupon, perhaps your neighbor can.

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WITH THE PURCHASE OF A COMPLETE ULTIMATE COMFORT SYSTEM™



\*Offer available March 7, 2022 to June 10, 2022. Offer based on a retail price of \$10,000. Requires purchase of qualifying Lennox system. Financing available to well-qualified buyers on approved credit. No down payment required. Financing requires 120 equal monthly payments of \$132 a month of principal and interest after the first 6 months. Normal late charges apply. Cannot be combined with any other Lennox promotional offer. Minimum and maximum amount financed of \$3,000 and \$100,000, respectively. You may prepay your account at any time without penalty. Financing is subject to credit requirements and satisfactory completion of finance documents. Any finance terms advertised are estimates only. See Truth in Lending disclosures available from lender for more information.  
\*\*Rebate requires purchase of qualifying items between March 7, 2022 to June 10, 2022. Qualifying items must be installed by June 17, 2022. Rebate claims must be submitted (with proof of purchase) to www.lennoxconsumerrebate.com no later than July 1, 2022. Rebate is paid in the form of a Lennox Visa® Prepaid card. Prepaid Card is subject to terms and conditions found or referenced on card and expires 12 months after issuance. Conditions apply.  
See www.lennox.com/terms-and-conditions for complete terms and conditions.

# Changing SEASONS

A PUBLICATION FOR THE CUSTOMERS OF HIGH COUNTRY HVAC, INC.



Spring 2022

## Time To Repair Or Replace The A/C?

Spring may be in the air, but summer is right around the corner. If your A/C struggled to keep you cool last summer it may be time to think about replacing it. Here are a few factors to help you make your decision.

**Typical Lifespan of an A/C.** An A/C unit typically lasts 10–15 years, but that depends on how well you take care of it, frequency of use and the conditions it operates under. All of these are critical components in caring for your HVAC

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system, as well as helping to prolong its lifespan.

**Frequency of Use.** This simply refers to how often your A/C unit has to turn on and off, and how hard it has to work to reach the desired temperature inside your home. If the unit powers on and off excessively, it can put some serious mileage on the equipment—not to mention using up a lot of wasted energy. It can also result in malfunction and the need for repairs.

**Operating Conditions.** It’s important that your A/C is able to do its job smoothly and without restriction or delay. A general rule of thumb is to replace the air filter every 2 to 3 months, and once a month if you have pets and/or allergies. Remember, all of your home’s airflow sweeps through the air filter to cool your home efficiently, so if a filter’s airways have dirt and debris buildup, the A/C will have to work much harder to perform. Not only will this energy waste and power strain cause your utilities bills to rise, but it’ll also wear out your A/C much sooner.

So the answer to whether it’s best to make equipment repairs or time for replacement comes down to how old your current A/C unit is, what it’s costing you to operate (both financially and in comfort), and what it may cost you in repairs to continue its use.

Whether you need help in choosing a new cooling system or it’s time to schedule a seasonal check for your current system, our team of home comfort experts is here for you. ■



Maintaining your current home cooling system will ensure it’s ready during those days you need it most.

## Ways To Save This Cooling Season

Cooling costs can often be a strain on your budget, so follow these simple tips to help keep more money in your pocket.

**Check the Filters.** When an air filter is clogged, dirty or damaged, your air conditioning system can’t run as efficiently as it should.

**Invest in a Programmable Thermostat (and learn how to use it!).** You can set it to cool the home to fit your schedule and usage, saving you a lot of money.

**Schedule Seasonal Maintenance.** Regular maintenance can help spot small problems before they become big and costly. A seasonal inspection could actually save you money in the long run.

**Experiment with Different Temperature Settings.** Try different thermostat settings until you find the right balance between comfort and energy efficiency. Even setting the thermostat a few degrees warmer can make a difference in cooling costs. ■



There’s no need to put up with high cooling costs when simple adjustments can help save money.

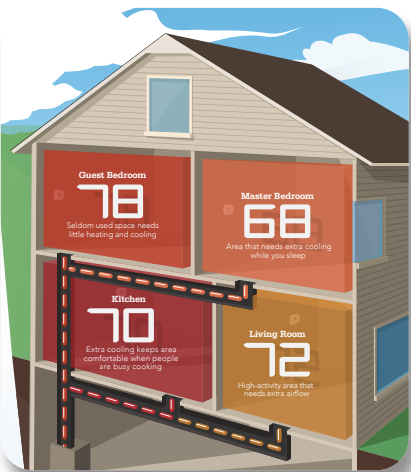
Tip

Your home office should include: a chair that offers the right back support, a desk that allows for adequate legroom and a monitor or laptop positioned at or slightly lower than eye level.

## LENNOX Perfect Air In Every Room

Uneven or uncomfortable temperatures can be a challenge inside most homes. That’s because a certain temperature that feels ideal for one person may be too hot or cool for another. Complicating the picture is the design of your house, particularly if it’s multi-story.

The Lennox iHarmony® zoning system can help solve the battle of the thermostat by allowing you to change the temperature throughout the house, or change it in specific areas, with a minor adjustment of the thermostat. Or combine it with an iComfort® thermostat to adjust the temperature remotely with your smartphone, tablet or other Web-enabled device. ■



The iHarmony zoning system allows you to set up to 4 different indoor temperature zones.

## Earth & Atmosphere

### The Scent Of Rain

When the first drops of rain fall to the hot, dry ground, have you ever noticed a distinctive odor? Rain itself has no scent, but right as it begins to rain, an “earthy” smell, called petrichor, permeates the air.

Plant oils are often a part of the makeup of pertrichor. During long spells of dry weather, different plants emit oils that accumulate over time in rocks and soil. When rain comes, compounds from these oils are mixed and released into the air.

Geosmin is an organic compound produced by a soil-dwelling bacteria that’s another contributor to petrichor. The force of rain landing on the ground sends bacteria airborne, emitting a musky aroma. It’s the same smell you might experience when working in a garden.

The sharp scent of ozone can also be noticeable in the scent of rain, particularly during a strong thunderstorm. A lightning bolt’s electrical charge sets off a complex process that forms ozone. And even though ozone is created high up in the atmosphere, powerful storm winds push it closer to the surface. The aroma can often be smelled by humans well ahead of a storm’s arrival. ■



Your nose can often detect when rain is heading your way.

## Question & Answer



Ask us about air cleaning systems that offer an extra layer of protection to enhance the cleanliness and comfort of indoor air.

### What are the biggest factors that affect indoor comfort?

**1. Temperature:** A room’s temperature is in a constant struggle. Bright sunlight coming through a window adds heat. Cracks in window or door seals allow cool air to escape. Even your body heat can affect a room’s temperature. So temperature is by far most influential to your home comfort.

**2. Humidity:** Humid air feels heavy and sticky, both of which add to discomfort on a hot day. If a cooled room isn’t properly dehumidified, you’ll actually feel less cool than if you were in a room with drier air that has the thermostat set a few degrees warmer.

**3. Air quality:** The three main offenders to indoor air quality are:

- Particles ... made up of dust, dirt, pet dander and allergens, such as pollen
- Mold, Mildew & Germs ... thrive in damp conditions and irritate allergies/asthma
- Chemical Vapors & Odors ... generated by cleaning products, paint and other household chemicals.

The right HVAC system—controlled by the proper thermostat—will address all these factors and help create an ideal indoor environment. ■