



801-296-0477



## How Time Flies!

How can it already be time to think about fall and getting our homes ready for the winter? Fall brings a welcome transition of the seasons, and whether it's the crisp air in the mornings, fall colors, or the return of football, there's a noticeable change.

College football has started again, and it's good to see the return of the pageantry, tradition and competition. Whether you're watching it on TV or attending a game in person, it's amazing to feel the excitement and energy a game brings.

It's nice to see a return to normal capacities of the stadiums, and we're excited for upcoming football watch parties with our friends and family. We still need to be cautious because there will always be germs and viruses. There are options that can be added for indoor air quality that help purify the air in our houses. Call us today for information on how you can protect your fall and winter gatherings.

*Enjoy the fall season!*

*Dan Limb & JC Bolton*

President

General Manager

## Prepare Now, Thank Yourself Later

Regular heating system maintenance helps prevent future problems and unwanted emergency repairs. It also helps the system operate at peak efficiency, which can result in lower utility costs and a longer life for the system.

Every heating system should be checked for operation during the heating season — annual maintenance will ensure that you are comfortable year after year and prevent possible crisis repairs. The equipment could have worn parts, dirty heating elements or a malfunctioning thermostat. There are also several safety controls designed to protect you from the risks of fire and toxic fumes should something go wrong. We'll check the appropriate safety controls to make sure nothing has deteriorated during the off-season and do our best to ensure you will not go without heat this winter.

Prepare now and call **High Country HVAC, Inc.** at **801-296-0477** today to schedule your appointment — you'll thank yourself later.

# High Country HVAC

*"Raising Your Home Comfort to New HEIGHTS"*



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### TROUBLESHOOT BEFORE YOU CALL

If your system has quit running, ask yourself these simple questions before you call.

- Is the selector switch set to heat or cool?
- Is the temperature set 2-3° above room temperature?
- Does your thermostat use batteries? If so, change them.
- Does the fan start when you switch from "ON" to "AUTO" and back to "ON"?
- Has your breaker box tripped?
- Is the air filter clean?
- Are the return air grilles blocked or dirty?
- Are the supply air grilles open?
- Is the area around the HVAC unit free from clutter, storage and/or paints?

After troubleshooting with these questions in mind and the problem still exists, give us a call. We'll be on our way!

**High Country HVAC, Inc. • 801-296-0477**

### CALL US TODAY TO SCHEDULE AN APPOINTMENT!



Regular maintenance is important for keeping your home's heating and cooling system running at peak performance and to reduce the likelihood of a breakdown.

**High Country HVAC, Inc.**

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# Changing SEASONS

A PUBLICATION FOR THE CUSTOMERS OF HIGH COUNTRY HVAC, INC.



Fall 2021

## Comfortable. Cozy. Home.

With fall underway, it's a great time to tackle simple household projects that can really make a difference in home comfort and lower heating costs. Here are a few ways you can make your home cozy for all family members — even your furry friends:

**Seal your home.** Sealing air leaks is an important step in increasing comfort and lowering energy use. The goal is simple: keep the warm air in and the cold air out. To do that, add weatherstripping or apply caulk where needed

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around windows and exterior doors. Also, inspect the exterior of your house to see if there are crevices between the foundation and siding, or where vents, pipes and cables enter the house. Just like you bundle up before going outside when it's chilly, your house needs proper protection from the cold, too.

**Install (and properly set) a programmable thermostat.** When used properly, a programmable thermostat allows you to set the temperature to fit your schedule, so you stay comfortable while controlling energy use. Why waste heating energy while you're asleep or away from home? Of course, you can do this manually, but a programmable thermostat doesn't need to be reminded. Ask us about a WiFi thermostat, so you can control your home's temperature from anywhere using your smartphone, tablet or computer.

**Inspect insulation.** Proper insulation improves your home's comfort and efficiency. When having insulation added to your home, it's important to first evaluate how much and what type of insulation you currently have. Go to the "Rule Your Attic" section on [energystar.gov](http://energystar.gov) to learn more about the benefits of proper home insulation.

**Have your heating system inspected.** Regardless of the type of heating system you have, it needs to be inspected and serviced by a qualified professional before the start of the heating season. This can help prevent a mid-winter breakdown and keep your heating system operating as efficiently as possible. If you haven't already done so, call us to schedule a system check today. ■



The fall season is the perfect time to prepare your home for cooler temperatures.

## Make Time For Maintenance

Regular maintenance of your HVAC equipment is as important as regularly changing the oil or checking the tires on your car. Not only does it keep your equipment working at optimal efficiency, it's also the best way to spot small problems before they become big ones. It's a smart practice to have your HVAC equipment checked twice a year.

A typical fall HVAC checkup will include an overall evaluation to make sure your heating equipment is operating correctly. It can also include checking the electrical functions, testing belts, inspecting the filters and ensuring all connections are working as they should. Proper maintenance protects your investment and offers you peace of mind, knowing your home comfort system will be there when you need it the most.

Contact us to schedule a system checkup. Our team is ready to put their expertise to work for you. ■



Regular system maintenance helps prevent breakdowns and improve efficiency, extending the life of your HVAC equipment.

**Tip** To help improve indoor air quality: Vacuum your home one to two times a week to reduce indoor air pollutants.

## LENNOX HOME COMFORT SYSTEMS Smart Thermostats Offer Smart Solutions

These days, almost every room in a house has a feature that can utilize smart home technology — lighting, audio, even some kitchen appliances can now be adjusted with simple vocal commands or a smartphone app. But a smart thermostat can impact your entire home. Not only will it manage indoor temperatures, it will also help your heating and cooling system operate more efficiently.



A smart thermostat gives you control over your home comfort.

A smart thermostat can help simplify your life by learning your preferences and schedules, and adjust temperatures accordingly. You'll save money by not wasting energy to heat or cool your home when it's not needed.

Let us help you navigate all the options, so you can fine-tune your home comfort the smart way. ■

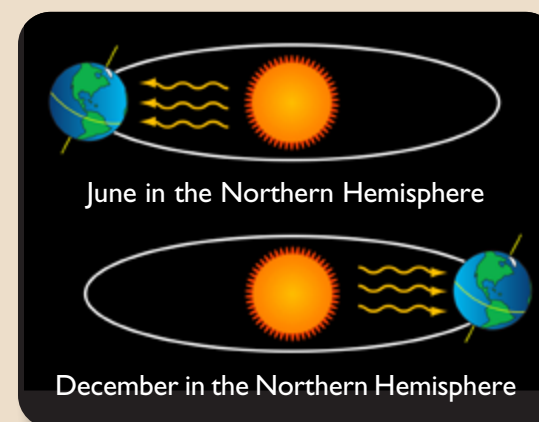
# Earth & Atmosphere

## Reasons For Seasons

Many people believe that Earth's distance from the Sun is what influences the change of seasons, but this isn't the case. The Earth's orbit is slightly lopsided, so the distance from the Sun varies, but relatively speaking, not by much.

The real cause for our changing seasons is the tilt of the Earth's axis. Over the course of the year, the Earth travels once around the Sun tilted on its axis at 23.5 degrees. Due to this tilting, the sun shines directly on the Northern Hemisphere in June, causing warming temperatures and the summer season. At this same time, the Southern Hemisphere is getting indirect sunlight, so it's the winter season there.

Six months later, the Earth has traveled to the "other side" of the Sun and the Northern Hemisphere is receiving indirect sunlight, causing cooler temperatures and winter, while the Southern Hemisphere gets the direct sunlight and causes summer. The Sun shines equally on the Northern and Southern Hemispheres in both the spring and fall. ■



Earth rotates on its axis as it orbits the Sun, but the axis always points in the same direction.

## Question & Answer

### I can't decide: Whole Home or Portable Air Purifier?

Now more than ever, families are spending more time at home. However, allergy-aggravating dust, pollen and pet dander, mold and germs, and chemical vapors from cleaning supplies and additives in carpet and furniture can cause indoor air to be two to five times more polluted than the air outside.

Single-room air purifiers only solve part of this problem since they only clean the air directly around the appliance. Other factors to consider are noise, keeping the air purifier out of reach from babies and small children, and having to move it from room to room. All in all, this might be a less-effective choice.

A whole-home air purification system works with your home's central HVAC system to clean air throughout the home as it cycles through the ductwork. It also has a larger capacity and strength to kill pollutants and germs of varying sizes — and there is no extra noise, as it works in tandem with your heating and cooling system. This whole-home approach may be just what you need. ■



Your home's indoor air quality has never been more important.