



801-296-0477



Welcome To The Future

With a front row seat, we're watching the evolution of the world as it changes through innovations of science and technology. From smartphones to smart watches, the world we live in can feel like a page from a science fiction novel. The heating and air industry isn't immune from some of these "futuristic" advancements.

It's been interesting to see the conveniences of home automation transition into thermostats that control furnaces and air conditioners. Remote access has its benefits. Customers have shared that they like the option to adjust the temperature while they're on vacation, and also to set alerts to notify both them and us the moment there's a problem with their furnace or air conditioner.

We have details on our website, or you can call us for more information. Now back to reading science fiction novels to see what else the future might hold.

Enjoy your Spring!

Dan Limb & JC Bolton

President

General Manager

Ways To Lower Summer Cooling Costs

We all know electric bills tend to soar in the summer heat, so here's a list of ways to help lower them:

Clear Yard Debris: Grass clippings, leaves and other airflow restrictions around your outdoor unit can cause it to work harder, and use more electricity.

Block Out Sun: Bright sunlight can increase cooling costs by up to 30%. Keep blinds closed to block out 70% of the heat and 99% of harmful UV rays.

Change Your Air Filter: A clean air filter allows maximum air flow; this improves overall efficiency of the unit and helps prevent coil ice-ups.

Get A Tune-Up: Schedule a professional tune-up to verify your system is providing the maximum cooling for your house.

Consider a New System: If your current system is more than 10 years old, chances are it has a low SEER rating. Depending on your usage, it may not take long for a new, high-efficiency unit to pay for itself with energy savings.

Let us help you chase away the summer heat. Call **High Country HVAC, Inc.** today to take advantage of our home cooling expertise: **801-296-0477**.

High Country HVAC

"Raising Your Home Comfort to New HEIGHTS"



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Visit us online to view the different filter options available to you.

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Offer good through 8/31/21 at High Country HVAC, Inc. Coupon must be presented at time of service or sale.
Not valid with other offers. Limit 1 Filter per system.

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WITH THE PURCHASE OF A COMPLETE ULTIMATE COMFORT SYSTEM**



*Offer available March 8, 2021 to June 11, 2021. Offer based on a retail price of \$10,000. Requires purchase of qualifying system. Financing available to well-qualified buyers on approved credit. No down payment required. Financing requires 120 equal monthly payments of \$132 a month of principal and interest after the first 6 months. Normal late charges apply. Cannot be combined with any other Lennox promotional offer. Minimum and maximum amount financed of \$3,000 and \$100,000, respectively. You may prepay your account at any time without penalty. Financing is subject to credit requirements and satisfactory completion of finance documents. Any finance terms advertised are estimates only. See Truth in Lending disclosures available from lender for more information.
**Rebate requires purchase of qualifying items between March 8, 2021 to June 11, 2021. Qualifying items must be installed by June 18, 2021. Rebate claims (with proof of purchase) must be submitted (with proof of purchase) to www.lennoxconsumerrebates.com no later than July 2, 2021. Rebate is paid in the form of a Lennox Visa® Prepaid card. Prepaid Card is subject to terms and conditions found or referenced on card and expires 12 months after issuance. Conditions apply.
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Changing SEASONS

A PUBLICATION FOR THE CUSTOMERS OF HIGH COUNTRY HVAC, INC.



Spring 2021



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See Back for
Special Offers

Spring-Clean Your Way To Healthy Indoor Air

Spring and allergies seem to go hand in hand. While you can't control what Mother Nature has in store outdoors, you can take steps to improve your home's indoor air quality. Here are some ways to ease the impact of seasonal allergies — and improve indoor air quality for all.

Wash and Clean: One way to improve your home's indoor air quality is to wash and clean on a regular basis. By frequently cleaning the surfaces in your

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house, you're preventing the accumulation of dust and particles. You should do a simple dusting and vacuuming at least once a week.

Throw rugs and other washable items should be washed at least once a month. If you have window blinds, wipe them down with a microfiber cloth on a regular basis, and vacuum curtains.

The Bathroom: This is where large amounts of moisture are created, so it's a prime area where bacteria, mold and other living particles can grow. In order to ease allergies, the sink, tub and shower should at the very least be scrubbed on a monthly basis.

The Bedroom: While you sleep, particles and allergens floating in the air are landing on you as well as on your bedding. You're also breathing them in, and since you're sleeping, those particles are finding their way deep into your lungs. This makes washing and changing the bedding on a regular basis very important. Consider covering mattresses and bed pillows with protective anti-allergy covers with zipper closures.

HVAC Maintenance: The importance of regular HVAC maintenance cannot be overstated. Maintenance reduces the risk of costly breakdowns, and will help extend the life of your system. A well-working HVAC system helps keep the indoor air quality healthy as well. It blows cleaner air throughout every room of your home — instead of dust, allergens and other particles — to achieve the healthiest indoor air quality possible. ■



Pet dander floats in the air just like other particles and allergens do, finding its way onto your home's surfaces, including tables, furniture and counters. Frequently brushing your pet and regular grooming are ways to prevent excessive dander.

Safety, Security And Convenience

Home automation is now easier and less expensive than ever. Smart hubs on the market today allow you to run a variety of devices, such as smart thermostats, locks, lights, speakers and cameras, all from one app. Here are just a few things you can do:

- View and adjust your thermostat from wherever you are.
- Remotely lock/unlock your door; get text notifications whenever it's locked/unlocked.
- Dim, turn on or shut off lights automatically, whether you're home or away.
- View video from motion-activated cameras in real time on your smart phone.



Home automation lets you run your home from anywhere — even if your hands are full.

Smart hubs also allow you to create schedules to automatically turn devices on and off to align with your routines and activities. And it's more enjoyable when you're plugged in and not worried about what could be going on at your home while you're away. ■

Tip

Annual maintenance performed on your HVAC system will help ensure it operates at its peak efficiency and catches any potential breakdowns before they occur.

Question & Answer



Low-VOC and Zero-VOC paints are a safer choice for your indoor painting projects.

What are VOCs and are they harmful?

VOCs stand for Volatile Organic Compounds, which are the invisible chemicals we smell that are contained in some paints, adhesives and cleaning products. They can release into the air inside our homes while they're being used, and to some degree, when they're stored.

Short-term exposure to VOCs can cause eye discomfort, a runny or stuffy nose, sneezing and coughing. Those who suffer from chemical sensitivities may also experience headaches or respiratory irritation.

To avoid these VOCs from mingling with your indoor air and putting your family's health at risk, you can use products that don't contain VOCs, including VOC-free paints. Products containing VOCs should be stored in the garage or a shed outside of your house. You may even want to consider investing in a whole-home ventilation system to keep your home's indoor air healthy. ■

LENNOX[®] Peace, Quiet And Comfort

Even small changes can yield big results — that's the philosophy behind the Lennox XC25 air conditioner. With its Precise Comfort[®] technology, the XC25 makes ongoing adjustments in output to keep air temperature consistent within 0.5 degrees of the thermostat setting.

Because the XC25 is installed along with the iComfort Wi-Fi[®] thermostat, the compressor modifies output in increments of 1%, so it only uses the exact amount of energy needed to stay comfortable. And its Climate IQ[®] Technology gauges the regional climate to adjust airspeed and keep air temperature consistent.

With efficiencies of up to 26 SEER, the XC25 can help you save on utility costs every year. Call us today to learn more details. ■



SilentComfort[™] technology means sound levels are so low, you can barely tell the XC25 is running at all.

Earth & Atmosphere

Migratory Birds

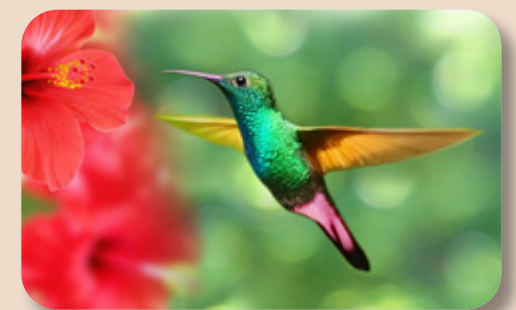
Spring migration — the mass movement of birds toward their breeding grounds — happens with predictable timing each year. Migrating birds can cover thousands of miles, often following the same course year after year with little deviation.

Birds get navigational direction from the sun, the stars, and by sensing the earth's magnetic field. Natural landmarks also offer some guidance.

Ducks, geese and swans are among the first to move north as soon as frozen lakes and marshes start to thaw. Bald eagles head north even while wintry conditions still occur. Songbirds that have wintered in the tropics head north primarily during April and May, filling North American woodlands with color, song and activity.

Spring migration is an especially good time for those who feed birds in their backyard to attract species they normally wouldn't see. Offering water and adding a variety of natural food sources to the landscape can make a backyard attractive to migrating songbirds.

By early June, aside from a few shorebirds and straggling songbirds, spring migration is over across most of North America. ■



Hummingbirds start their trek north as early as January to reach breeding grounds by mid-May.