



801-296-0477

## Focused On Your Safety And Comfort

In unprecedented times like these, we remain concerned for your family's safety and comfort. We want you to know we have procedures in place to ensure we're serving you, while keeping your home comfortable, in the safest way possible.

Our safety precautions include:

- Wearing gloves
- Limiting contact (such as handshaking)
- Hand washing and sanitizing before and after each customer visit
- Wearing a mask
- Cleaning protocols for our office, fleet vehicles and work locations

It's important that your air conditioner is working at its best, especially as you spend more time inside as outdoor temperatures rise. Call us today at **801-296-0477** to schedule a service appointment

The health and safety of our customers and team members has been and will continue to be our priority. You can count on **High Country HVAC** to be here for you.

*Enjoy your Summer!*

*Dan Limb & JC Bolton*

President

General Manager

## TLC For Your A/C

Thank goodness for air conditioners during our hot summers. What would we do without them? Your A/C works hard keeping you cool, and it only seems fair to show it a little love. Here's a checklist of some things you can do to keep your A/C happy:

- Change air filters frequently during heavy use.
- Program your thermostat — create a program that fits your daily schedule. If you don't have a programmable thermostat, call us to install one.
- Check vents and ducts to make sure the air flow isn't blocked.
- Keep your outdoor condenser free from debris, plants and dirt.
- Ask us about a Service/Maintenance Agreement. We'll set up a regular maintenance schedule to keep your A/C running in tip-top shape.

At **High Country HVAC**, it's our mission to help ease the stress of maintaining your A/C. Request an appointment for an A/C checkup today. Call **801-296-0477** or visit us online at **highcountryhvac.com**.



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Heating & AC Installation & Service  
Indoor Air Quality Solutions  
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Offer good through 9/30/2020 at High Country HVAC. Coupon must be presented at time of service.  
Not valid with any other offer. If you can't use this coupon perhaps your neighbor can.

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WHEN YOU FINANCE A NEW LENNOX SYSTEM  
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Terms and conditions apply. Subject to credit approval. See dealer for details.  
Offer available March 9, 2020 to August 14, 2020. Offer based on a retail price of \$10,000. Requires purchase of qualifying system. Financing available to well-qualified buyers on approved credit. No down payment required. No monthly payment required and no interest is accrued during the 6 month no interest no pay period. After the no payment period, the loan is rolled into 8.99% APR for 120 Months with equal monthly payments of \$132 a month. Normal late charges apply. Cannot be combined with any other promotional offer. Minimum loan amount \$3,000. Maximum loan amount \$100,000. You may prepay your account at any time without penalty. Financing is subject to credit requirements and satisfactory completion of finance documents. Any finance terms advertised are estimates only. See Truth in Lending disclosures available from lender for more information.  
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# Changing SEASONS

A QUARTERLY PUBLICATION FOR THE CUSTOMERS OF HIGH COUNTRY HVAC, INC.



Summer 2020



801-296-0477  
highcountryhvac.com

## Clean Air, Comfortable Air

During these unusual times, your home comfort has never mattered more. And as we spend more time indoors, the air quality, and not just the temperature, can make a difference in how you feel. Here are some simple things you can do to take care of your air.

**Keep air circulating in your home.**

To do this, if your HVAC system doesn't have a variable-speed air handler, turn on the circulate feature (or fan "On" setting) on your thermostat to keep the air moving

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through your filtration system. This will ensure the air is flowing through the filter and getting cleaned more often.

**Replace or upgrade your filter.** Make it a habit to change your air filters on a regular basis to reduce the amount of dust and allergens inside your home. Now is a good time to consider an upgrade to a higher-efficiency filter.

**Get your best night's sleep.** There's a direct correlation between your body's temperature and sleep cycle. Research suggests the ideal condition for sleep sits somewhere between 60 and 67 degrees. If that seems on the cool side, there's a reason: your core body temperature drops to a lower level during sleep. An overly warm temperature interferes with your brain's messages that it's time to get some shut-eye.

**Optimal air for your fitness routine.** Practicing traditional yoga calls for a temperature between 70 and 76 degrees, but you might want to raise or lower the thermostat by a few degrees depending on personal preference. You also want to keep in mind your home's humidity, airborne pollutants and even a general perception of how the air "feels." A good HVAC system integrated with the right indoor air quality solutions lets you control all of these factors so your workout leaves you feeling great inside and out.

**Call the professionals.** Whether you have questions about upgrading your filter, seasonal maintenance, or repairing or replacing your HVAC system, we're here for you. We're committed to keeping your air, and your home, perfectly comfortable. ■



**The U.S. Environmental Protection Agency recognizes poor indoor air quality (IAQ) among the top health risks for Americans. We can help you reach optimal IAQ for your home.**

## Question & Answer



We're just a phone call away.

### How can I tell if my air conditioner needs repairs?

The last thing we want to have happen is for you to arrive home to find your air conditioner has stopped working. Here are some signs of trouble that mean it's time for repair service.

- A decrease in cooling output is one of the most obvious signs there's something wrong. If your air conditioner is struggling to cool your entire home effectively or seems to be blowing lukewarm air, refrigerant leaks or issues with blower fans and other problems could be to blame.
- Ice on an air conditioner is another sign it's in need of repair. Most icing problems have to do with the evaporator coil, but ice can also form due to a faulty fan, debris that restricts air entering the outside unit, or if refrigerant is low.
- Strange sounds coming from your air conditioner during operation are also cause for concern. You shouldn't hear loud grinding, screeching or booming sounds. If you do, it's best to have us evaluate it for repairs ASAP. ■

## Get To Know MERV

When shopping for an air filter, not only are the dimensions a very important factor but also the MERV rating. MERV stands for Minimum Efficiency Reporting Value and is used to identify filtering efficiency. The higher the rating, the more efficient the filter is in trapping more and smaller particles.

How often you change your filter is a big efficiency factor, too. Interestingly, filters become more efficient at collecting particles as they start to load up with dust and lint — these particles actually increase the filter's ability to hold onto smaller particles. However, the more it loads up, the harder your HVAC system has to work, causing stress on the blower motor and compressor.

That's where we come in. We can determine the right filter for your system and recommend how often it should be changed. ■



The higher the MERV rating, the more effective an air filter will be at removing particles from indoor air.

### Tip

No wipes in the pipes — even if they're labeled "flushable." Wipes take much longer to break down than toilet paper, which can cause pipe blockages and plumbing overflows.



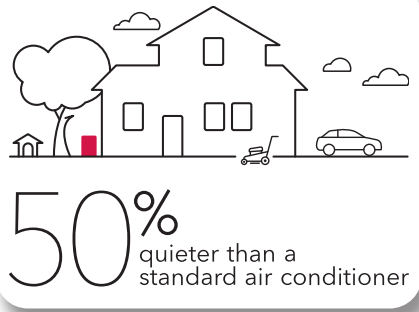
HOME COMFORT SYSTEMS

## Enjoy Precise Comfort

Sometimes small changes can yield big results — that's the philosophy behind the Lennox XC25 air conditioner. With Precise Comfort® technology, the XC25 makes tiny, ongoing adjustments in output to keep indoor air temperature consistent within 0.5 degrees of your thermostat setting.

Because the XC25 is installed along with the iComfort Wi-Fi® thermostat, the compressor modifies output in increments of 1%, so it only uses the exact amount of energy you need to stay comfortable. And its Climate IQ® Technology gauges regional climate to adjust airspeed and keep air temperature consistent. These features also enhance moisture/humidity removal, producing greater comfort than conventional air conditioners.

With efficiencies of up to 26 SEER, the XC25 can help you save hundreds in utility costs every year. Call us today to learn more. ■



## Earth & Atmosphere

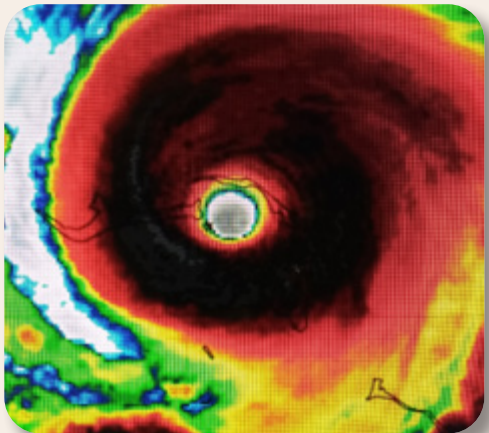
### Hurricanes

Hurricane season runs from June 1 through November 30. According to the National Oceanic and Atmospheric Administration (NOAA), the 2020 Atlantic hurricane season is expected to be a busy one.

NOAA's Climate Prediction Center says there's a chance of 13 to 19 named storms, up from 12 named storms during an average Atlantic hurricane season.

Hurricanes are created when summer heat warms the ocean's surface, creating evaporation. As the heat and moisture rise into the atmosphere, thunderstorms form. As they multiply, they can be picked up by a low-pressure system forming a tropical depression. The winds within the storm whirl around the low pressure, causing the eye of a hurricane to form.

Tropical storms are given names when they display a rotating circulation pattern and wind speeds of 39 mph. A tropical storm develops into a hurricane when wind speeds reach 74 mph. The more warm, humid air available, the stronger a hurricane becomes. ■



When near the coast during hurricane season, save precious time and lessen worry by having an evacuation plan.