



801-296-0477



## A Thank You To Our Customers

As we think about the events on this past year, it gives us time to reflect on the idea that the only constant in life is change. This statement feels especially true to us in the heating and air conditioning industry.



This past summer was one of the hottest and driest summers on record. At times we didn't know if we'd be able to serve everyone who needed relief from the heat. Many of those people were referred to us by our great customers. We want to thank you for choosing **High Country HVAC** for your home comfort needs and for recommending us to your friends and family.

Winter has officially found us, and we're taking care of your furnace tune-ups; to give you the peace of mind that you'll stay comfortable and warm throughout this cold winter season, and to help with the longevity of your home comfort system.

Whether we've served you many years or you're choosing us for the first time; we thank you for your trust and your business. We know that you're the foundation of our company, and we're who we are because of you. We hope you'll continue to trust us for all your home comfort needs.

*Thank You,*

**High Country HVAC • 801-296-0477**

## What Should I Check Before I Call?

If your heating system has quit running, first go through this simple checklist:

- ✓ Check the air filter — When is the last time you changed it? A dirty filter is the #1 cause of preventable problems when it comes to your HVAC system.
- ✓ Check your thermostat — Is it on or is the screen blank? Sometimes you simply need to change the batteries and it will solve the problem.
- ✓ Make sure the furnace power switch is turned on, and the breakers in the electrical panel haven't tripped.
- ✓ Is the furnace turning on at all? Is it trying to ignite?
- ✓ Is the gas to the furnace turned on? (gas cock parallel with the pipe is on)

If after going through this list the heating problems still exist, give **High Country HVAC** a call at **801-296-0477**.



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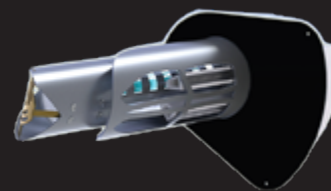
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\*Tested by Kansas State University.

### didyouknow?

## Why Call High Country HVAC?

- Dependable • Knowledgeable • Experienced
- NATE-certified Technicians • Licensed • Insured • Workmanship Guaranteed
- Comfort Coverage Plans • 24-Hour Emergency Service

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# Changing SEASONS

A PUBLICATION FOR THE CUSTOMERS OF HIGH COUNTRY HVAC, INC.



## Winter 2021-22



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See Back for  
Seasonal News

## Clear Out The Clutter And Enjoy The New Year

The new year offers an opportunity to reflect on the ways to make your life easier. Now that your home is freed from holiday clutter, keep the momentum going and get organized. It might even help you save money.

While it may seem overwhelming to declutter your whole home, you could set time aside daily or weekly to tackle some organizing. Or start with something

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small, such as one drawer or cabinet at a time until your space is junk-free. Not only will your home look tidier, it can put your mind at ease, too.

**Use what you have.** A perk of decluttering is finding things you completely forgot about, but can still be of use now. This way, you're not buying things you don't need. You might even discover unused gift cards, or find new uses for old items. You'll save money and keep your space clean.

**Make better shopping decisions.** During the decluttering process, you might discover identical items because you bought another of something each time you couldn't find the last one you purchased. Keeping everything organized will help avoid ending up with multiples of the same thing. When you establish a place for everything, you'll find what you need when you need it — and buy a lot less of what you don't need.

**Sell or donate your clutter.** You could make money off of your clutter by selling gently used items online, or by having a yard sale. This can also be an eye-opener — realizing you could have saved a lot of money by simply not buying certain items at all. You could also donate any items you no longer use, and perhaps get a tax write-off for your contributions.

**Save money on storage fees.** If you have a storage unit somewhere, it may be time to see if there's anything you can get rid of. Otherwise, you're just paying money to store things you're not using. Freeing up space in your home might allow you to eliminate the need for a storage unit altogether, and use that money on things you actually need. ■



Tap into the “to-do” mindset for 2022 and your home will be clutter-free in no time.

## Water Heaters: What's Your Type?

Not all water heaters are alike. If it's time to replace your water heater, here are some important factors to consider:

**Storage Water Heater:** Heats water in a tank and stores it for later use. These range in size from 20 to 80 gallons with 40 gallons being the average size. Regular upkeep is required.

**Continuous/Tankless Water Heater:** No storage tank, but instead, water is heated on demand and the hot water supply never runs out. This option can help reduce your energy consumption by 15 to 20%. Maintenance includes annual checkups and descaling.

**Gas vs. Electric:** Gas heats water for about a third the cost of an electric water heater, so if you have existing gas lines running to your home, it's probably the best way to go. ■



The typical lifespan of a tankless water heater is 15–20 years.

### Tip

Did you know electrical outlets and switches can be a source of an air leak? Install gaskets and covers to protect against air loss and help with moisture control.

## Question & Answer



High levels of CO poisoning can cause dizziness, nausea, severe headaches, blurry vision and fainting.

### Should I Be Concerned About Carbon Monoxide Inside My Home?

Carbon monoxide (CO) is a potential danger in any home that has a fuel-burning appliance, such as a gas stove, furnace, clothes dryer, water heater or fireplace. The amount of CO produced by these appliances usually isn't cause for concern, but if improperly ventilated — particularly in a tightly sealed or enclosed space — they may allow CO to accumulate to dangerous levels.

CO is a colorless, odorless, tasteless gas, so it can be difficult to detect. Early warning signs of CO poisoning often resemble flu or cold symptoms. Higher levels can cause weakness or shortness of breath. If you think you or someone you're with may have CO poisoning, get into fresh air and call 911.

A simple precaution to help prevent CO poisoning is to install a CO detector. It'll sound a warning when CO is beginning to build up indoors. If the detector is in full alarm mode, open doors and windows to let in fresh air and turn off all appliances that could release CO. ■

## LENNOX Breathe Spring-Fresh Air

Homes are often tightly sealed for purposes of energy efficiency, but this can produce the unwanted side effect of sealing in stuffy air. Also, allergens and contaminants can stay trapped inside. Opening a window can do the trick, but isn't practical during colder or hotter months plus, it invites pollen and other airborne particulates into your home.

Healthy Climate® ventilation systems from Lennox draw just the right amount of air from outside, while expelling odors, chemicals and contaminants from your home. Unlike opening a window, the system's wall control allows you to precisely regulate the amount of fresh air entering your home. While stale air is moved outside, air circulated inside is kept comfortable, and no energy is wasted.

We can help you select the ventilation system that's right for your home. It's the first step in showing stale air the door. ■



Healthy Climate ventilation systems deliver a fresh-air feel, any time of year.

## Earth & Atmosphere

### Nature's Canvas

When sunrises, sunsets, moonrises and moonsets are near the horizon, they can often look distorted. Their edges may appear jagged and their bottom areas may appear flattened out or as if they shrank.

The distortion in the appearance of a low sun or moon is a result of atmospheric refraction, the effect of light traveling through different densities and temperatures of air. It's the same effect that causes a spoon in a glass of water to appear broken in two.

When you gaze toward any horizon, you're looking through more air than when you gaze overhead. It's this greater quantity of air that causes oddly shaped suns and moons. At zenith (straight up) the atmosphere is at its thinnest. That's why astronomers prefer to observe objects as high up in the sky as possible, to diminish the effects of any atmospheric distortion.

For objects with a fair amount of surface area, like the moon and the sun, there's a change in the refractive effect along its height: the upper part travels through less atmosphere than the lower part, making the lower part look distorted.

The result of light refraction is a colorful view of nature's own canvas. ■



Red hues have a greater chance of coming through the atmosphere than blue, which is why sunsets and sunrises appear more red.