



801-296-0477



## It's Wise To Plan Now To Ensure A Warm Winter

Fall may not have officially arrived yet, but colder days will be in our future. With a gas furnace, you want to make sure your system is ready to perform when you really need it. You can avoid problems with your heating system by scheduling a seasonal tune-up now. Our tune-up is comprehensive and is designed to keep your system running efficiently, and to get ahead of potential problems before our cold winter months.

If you've struggled through the past few winters with an aging furnace, fall is the perfect time to shop for a new system. Emergency replacements can be stressful and uncomfortable situations. If you begin the replacement process now, you'll have more time to make the best heating choice for your home comfort needs.

Call **High Country** today at **801-296-0477** to schedule your seasonal tune-up. When winter sets in, you'll be glad you did!

## Great Service Is Always In Season

Regardless of the season, our commitment to offering the best products and services in the industry remains the same. We want to thank you, our customer, for letting us be your trusted provider of these products and services.

No matter the weather, we're always a reliable source for solutions to your heating or cooling needs. From utility savings to indoor air quality, our unwavering aim is to provide the best customer experience around. Because let's face it, without your business, we would not be here today.

We're your one-stop shop for home comfort. This is true whether you're getting a head start on winter by scheduling a seasonal heating system check-up, or if you want to request an estimate for possible equipment replacement. Call **801-296-0477** today and we'll prove that customer service never goes out of season.

Happy Fall!

*Dan Limb & JC Bolton*  
President General Manager

# High Country HVAC

"Raising Your Home Comfort to New HEIGHTS"



801-296-0477

[www.highcountryhvac.com](http://www.highcountryhvac.com)

Heating & AC Installation & Service  
Indoor Air Quality Solutions  
Home Energy Audits  
Ductwork • Basements



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High Country HVAC, Inc.  
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### TROUBLESHOOT BEFORE YOU CALL

If your system has quit running, ask yourself these simple questions before you call.

- Is the selector switch set to heat or cool?
- Is the temperature set 2-3° below room temperature?
- Does your thermostat use batteries? If so, change them.
- Does the fan start when you switch from "ON" to "AUTO" and back to "ON"?
- Has your breaker box tripped?
- Is the air filter clean?
- Are the return air grilles blocked or dirty?
- Are the supply air grilles open?
- Is the area around the furnace free from clutter, storage and/or paints?

After troubleshooting with these questions in mind and the problems still exist, give us a call. We'll be on our way!

**High Country HVAC, Inc. 801-296-0477**

### Take advantage of this special offer!

RECEIVE UP TO  
**\$1,700**

when you purchase the Lennox® Ultimate Comfort System\*



OR

Enjoy no payments for the first 3 months when you finance a new Lennox® system for as little as  
**\$116 A MONTH.\*\***

\*Offer expires 11/22/2019. Rebate requires purchase of qualifying items between September 2, 2019 to November 22, 2019. Qualifying items must be installed by November 29, 2019. Rebate claim (with proof of purchase) must be submitted (with proof of purchase) to [www.hvacrebates.com](http://www.hvacrebates.com) no later than December 14, 2019. Rebate is paid in terms of Lennox Year-Long debit card. Card is subject to terms and conditions found or referenced on card and expires 12 months after issuance. Conditions apply. See [www.lennox.com/terms-and-conditions](http://www.lennox.com/terms-and-conditions) for complete terms and conditions.  
\*\*Offer available September 2, 2019 to November 29, 2019. Offer based on a retail price of \$10,000. Requires purchase of qualifying system. Financing available to well-qualified buyers on approved credit. No down payment required. No monthly payment required and no interest is accrued during the 3 month deferral period. After deferral period, the loan is rolled into 60% APR for 120 months with equal monthly payments of \$116 a month. Normal late charges apply. Cannot be combined with any other promotional offer. Minimum loan amount \$3,000. Maximum loan amount \$10,000. You may prepay your account at any time without penalty. Financing is subject to credit requirements and satisfactory completion of finance documents. Any finance terms advertised are estimates only. See Truth in Lending disclosure available from lender for more information.  
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# Changing SEASONS

A QUARTERLY PUBLICATION FOR THE CUSTOMERS OF HIGH COUNTRY HVAC, INC.



Fall 2019



801-296-0477  
[www.highcountryhvac.com](http://www.highcountryhvac.com)

See Back for Special Offer

## Enjoy Clean And Healthy Indoor Air

Did you know the air inside your home may be up to 100 times more polluted than the air outdoors?

Common effects of poor indoor air quality can show up as eye, nose and throat irritation, but also as headaches, dizziness and fatigue. In fact, dust, mold, smoke, bacteria, allergens, pollen, cooking grease, animal hair and dander are things we all live with on a daily basis — not even realizing the harm they may be causing to our health and comfort.

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There are many sources of indoor pollutants. Ordinary household activities, such as cooking, cleaning, bathing, heating and cooling, are just a few. Even your furniture, carpeting and woodwork can contribute to an unhealthy environment — each of these is capable of releasing gasses or small particles into the air. And if you have young children at home, they breathe much faster than adults, so they're even more sensitive to these household pollutants.

So what's the answer? Proper ventilation plays an important role, but you may also want to consider installing a whole-house air cleaner. There are a variety of types to choose from. Some air cleaners are more effective at particle removal while others are more effective at eliminating airborne mold spores, bacteria and viruses. The number-one priority is finding the type that best meets your needs.

It's also important to keep your heating and cooling equipment well-maintained to ensure it's working properly. A well-tuned system will move indoor air throughout your home more effectively, so dust particles will be circulated out of the air and become trapped by your system's air filter. Remember to change your air filters every three months, or earlier if they appear to be dirty.

We want to make sure your family breathes the cleanest, healthiest indoor air all year long. And if you haven't already done so, call us to schedule a heating system check. We're here to help with all your home comfort needs. ■



**Optimize your home's indoor air quality to protect the health of those who matter most.**

## Rest Easier With A Carbon Monoxide Detector

Carbon Monoxide (CO) is the leading cause of death by accidental poisoning. Because it's odorless and colorless, it can be difficult to detect. Early warning signs of CO poisoning often resemble flu or cold symptoms. Higher levels of poisoning can cause dizziness, nausea, severe headaches, blurry vision and fainting.

CO is released indoors as a result of incomplete combustion of any fuel-burning appliance, including furnaces, gas stoves, clothes dryers, fireplaces, water heaters and space heaters. Improperly vented or poorly maintained appliances are often the cause of CO leaks.

A CO detector will sound a warning when CO is beginning to build up indoors. If the detector is in full alarm mode, ventilate your home with fresh air and turn off all appliances that could release CO. Immediately call 911 if anyone is exhibiting symptoms of poisoning. ■



**Install a Carbon Monoxide detector so it's located near where you sleep.**

**Tip**

Did your furnace struggle to keep you warm the last time you needed it? This may be the time to replace it with a high-efficiency unit.

## Question & Answer



Ensure year-round comfort by keeping up with maintenance of your HVAC system.

### If a furnace seems to run constantly, does that mean it's burning out the motor?

There are a number of possibilities that could cause your furnace to run constantly. One is a lack of airflow due to an inadequate or damaged duct system, or even leaking ductwork where the warmed air is escaping into your attic. Dirty filters could also be part of the problem.

Another likely suspect is the thermostat (make sure it's set on AUTO). A faulty component could also be turning on the blower. There's an internal setting that signals the blower to come on. If it's set too low, the blower will run constantly, which means extra wear and tear on the motor.

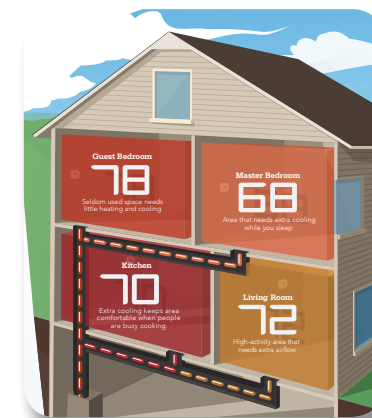
It might also mean your current system is improperly sized for your home. A system that's undersized will have to work overtime to maintain the thermostat setting, using more energy to maintain your comfort.

When you schedule a seasonal tune-up we could troubleshoot the problem at the same time. ■

## LENNOX HOME COMFORT SYSTEMS Customize Air Temps From Room To Room

Uneven or uncomfortable temperatures can be a challenge in many homes. That's because a certain temperature that feels ideal for one person may be too hot or cool for another. Complicating the picture is the design of your house, particularly if it's multi-story.

The Lennox iHarmony® zoning system solves the battle of the thermostat by giving you the option to change the temperature throughout the house, or only change it in specific areas, with a minor adjustment of the thermostat. Combined with an iComfort® thermostat, you'll be able to adjust the temperature remotely with your smartphone, tablet or other Web-enabled device. ■



The iHarmony zoning system redirects heating and cooling away from unused or little-used rooms, so you aren't wasting energy.

## Earth & Atmosphere

### Lunar Folklore

For thousands of years, people have used the moon's light to guide them in the dark. But there are also many legends and myths associated with the moon and its cycles.

One British legend says that when Christmas falls on the day of a dark (or invisible) moon, the next year's harvest will be a bountiful one. Others believed a waxing moon (cycle between a new and full moon) on Christmas meant a good crop the next fall, but a waning moon (cycle between a full and new moon) indicated a bad harvest to come.

Folklore has it that a lunar halo means rain, snow or other bad weather is on the way. And there has long been an agricultural tradition of planting by the moon phases. According to *The Old Farmer's Almanac*, the new and first-quarter moon phases are considered good for planting above-ground crops, putting down sod, grafting trees and transplanting. From full moon through the last quarter is the best time for killing weeds, thinning, pruning, mowing, cutting timber and planting below-ground crops.



January's full moon came to be known as the Wolf Moon since wolf packs would howl outside villages during the cold midwinter.