



## Spring-Clean Your A/C

As spring arrives, it's almost time to flip the thermostat switch from heat to cool. After lying dormant all winter, is your air conditioner ready for near-constant use? Don't wait until it breaks down on a hot day to check for problems. A thorough spring tune-up will troubleshoot problems before they occur, and leave you with lowered electric bills, a more comfortable home and most importantly, peace of mind.

Regular maintenance greatly extends the life of your cooling system and prevents you from having to buy expensive replacements. The older your equipment gets, the more important a comprehensive tune-up becomes.

Don't put it off. Call **High Country HVAC** at **801-296-0477** today to schedule your spring tune-up, so you can then look forward to a cool, comfortable and worry-free summer.

## Swing Into Spring!

Spring is the season of coming warmth and rejuvenation, and for those who enjoy gardening, it's time for planting. This is the time to prepare the soil and consider the perfect spot for your new garden — gardening is part science and part creative expression. Like selecting the perfect plot of land for your bountiful creation, choosing the right HVAC dealer to maintain your home comfort system should be on your mind as well. After planting your beautiful new garden, be ensured of cool relaxation with an air conditioning system professionally tuned by **High Country HVAC**.

It's important to have the electrical controls and operation systems of your air conditioner checked and maintained by a trained, professional and reputable dealer. Routine maintenance actually saves you money in both electrical costs and energy bills. By putting your home comfort system on a regular maintenance schedule, you're extending the life of your equipment.

Our goal is to help you maximize indoor home comfort. We're here to answer any questions and help you save money this season — and all year round. Give us a call at **801-296-0477** today.

**High Country HVAC**  
"Raising Your Home Comfort to New HEIGHTS"



**801-296-0477**

[www.highcountryhvac.com](http://www.highcountryhvac.com)

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# Changing SEASONS

A QUARTERLY PUBLICATION FOR THE CUSTOMERS OF HIGH COUNTRY HVAC, INC.



Spring 2015



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## Prepare For Cooling Comfort

As spring is officially underway and the days gradually become longer, chilly temperatures become a distant memory. Priorities shift from keeping warm to keeping cool, hot chocolate has been swapped for iced tea, and sweaters are changed out for t-shirts. Here are a few ways to ensure you'll enjoy a comfortable cooling season around your home:

**Program your thermostat, stat!** Using a programmable thermostat can help

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control costs since it can be set to automatically raise and lower the temperature to correspond with your cooling needs and schedule. You may even consider a “smart” thermostat to further maximize energy savings and your HVAC system’s efficiency.

**Equipment — out with the old, in with the new.** If your system is more than 10 years old, it’s performing much less efficiently than it used to. Investing in a new system with a higher SEER (Seasonal Energy Efficiency Ratio) rating will pay off with lower utility bills and a much cooler — and more comfortable — home.

**A breath of clean air.** Cleaner indoor air can reduce the likelihood that you’ll suffer from respiratory issues, headaches or even nausea. Selecting the right air filtration system can help your home’s air stay cleaner — making for a healthier environment.

**Regular maintenance makes good sense.** By putting your home comfort system on a maintenance schedule, you’ll enjoy smoother operation, prevent unexpected major repairs, receive increased performance efficiency and extend the lifespan of your system.

Whether it’s an indoor air quality challenge, a recommendation for new cooling equipment or scheduling a seasonal tune-up, our comfort professionals are ready to help get your home in shipshape for spring! ■



**Be sure your A/C is ready to provide you with a comfortable cooling season. Call us today to schedule a pre-season check.**

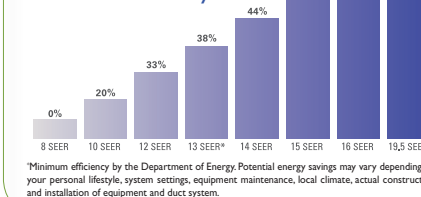
## Your A/C: Savings vs. SEER Ratings

As we are easing into spring, summer may feel like a far-off notion. Unless your air conditioning system is on its last legs, in which case, summer may come much too quickly. If that’s the case, it may be time to think about a system upgrade now.

Older systems have lower efficiency ratings and rely on older technology. Today’s systems offer higher efficiency ratings, and use innovative technologies to manage humidity, provide cleaner, healthier indoor air and provide quieter, more reliable performance.

The Seasonal Energy Efficiency Ratio, or SEER, is the best way to evaluate a new cooling system. For example, if your current system is 12 to 15 years old, it probably is a 10 SEER or less. Many cooling systems today have SEERs up to and exceeding 20 SEER, offering twice the energy efficiency of your existing system. When you’re ready to consider a system upgrade, give us a call. Our experts are here to guide you to an energy-efficient decision. ■

**Annual Savings**  
for cooling your home  
based on efficiency



### Tip

Keep exterior doors closed and limit the times they are opened and closed. Open doors let the hot air in.



## Breathe In PureAir™

Combatting indoor air pollution is a concern for new and old homes alike. New homes tend to have higher concentrations of chemicals, and old homes can be breeding grounds for mold and mildew. All homes, no matter how clean they appear, are contaminated with dirt and dust. In fact, according to the U.S. Environmental Protection Agency, the air inside the average home is up to five times more polluted than the air outside.

The PureAir™ system removes pollen, dust mites, bacteria, molds, odors and harmful chemicals from indoor air — and destroys them. The system uses a combination of ultraviolet light and innovative filtration technology to capture and eliminate pollutants, maximizing your home’s indoor air quality (IAQ). ■



Lennox PureAir removes more than 95% of particles down to 0.3 microns, including dust, pollen and pet dander.

## Question & Answer



### How can I be prepared for a power outage?

It takes only one experience with a power outage to understand just how much we depend on electricity, and the difficulty of unexpectedly living without it. It’s best to be prepared to ensure your family’s safety and comfort, so keep these items readily available:

- Flashlights
- Fresh batteries
- Battery-operated clock radio
- Corded telephone
- Fully charged cell phone
- Car charger for your phone
- Non-perishable foods
- Blankets

If a storm is on its way, you should have at least half a tank of gas in your car in the event a power outage affects service to neighborhood gas stations. And unplug appliances so they won’t be damaged by a power surge. If you use a home generator, follow manufacturer instructions to locate it in a well-ventilated area. ■

# Earth & Atmosphere

## Moon And Tides

Tides are a result of the gravitational attraction of the moon, and to a lesser extent the sun, on the oceans of the Earth. As the moon travels around the Earth, and together, they travel around the sun, the combined gravitational forces cause the world’s oceans to rise and fall. In most places, this happens twice per day.

At times when the sun and moon are aligned, the gravitational pull of both are combined, causing very high and very low tides. This occurs when the moon is full or new.

When the sun and moon are perpendicular to one another with respect to the Earth, gravitational forces are canceled out and tides are not as high and low. This occurs during each quarter moon.

To determine whether a tide was rising or falling, ancient sailors had a prediction method that still holds true today. In the northern hemisphere, if the moon is east of south, the tide is rising. If it is west of south, the tide is falling. ■



[www.saltwatertides.com](http://www.saltwatertides.com) is a good site covering most U.S. tide forecasts.