



801-296-0477

Guidelines For Home Efficiency

During the fall months, your mind and body are usually far from the thought of colder weather being right around the corner. But as fall gradually comes to an end, it's time to prepare your home and give yourself peace of mind by following these universal guidelines for keeping your home warm and efficient:

- Have a qualified HVAC professional inspect the ducts and heating equipment.
- Install a programmable thermostat, so you can preset temperatures for different times of the day.
- Clean or replace furnace filters every month.
- Clean chimney and check to see if your fireplace is working properly.
- Seal air leaks in crawlspace and around windows and doors.
- Check your attic for proper insulation.
- Weather-strip doors that lead to cold or outside areas.
- Install low-flow showerheads.
- Repair leaky faucets.
- Lower the temperature of your water heater to 120°F.

Increased energy efficiency and your family's comfort are the main goal at **High Country HVAC**. If you're unsure of your heating system's efficiency or uneasy with your home's climate, give us a call at **801-296-0477** — we'll have you feeling warm and comfortable in no time.

Call On Us For Your Comfort

As trained and certified home comfort professionals, we take pride in handling all of your home's comfort needs for as long as you own your home. Regular service and maintenance can keep your current system running efficiently and problem-free, but when it's time to replace, we'll help you make the best decision for your family.

We begin with an energy analysis and comfort consultation in order to customize the ideal solution. Does anyone in your family have allergies or asthma? If so, an air filtration system may be called for. Are there rooms in your home that are always too hot or too cold? You may need ductwork revisions or a variable speed system to reach every room. Is your home properly vented, allowing in fresh air? If not, it may be time to add a ventilation system to improve the quality of your indoor air.

Whatever your needs, we can design a heating and air conditioning system that will keep your home comfortable for many years to come. Remember, when it's time to get more comfortable, we're only a phone call away.

High Country HVAC
"Raising Your Home Comfort to New HEIGHTS"



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A QUARTERLY PUBLICATION FOR THE CUSTOMERS OF HIGH COUNTRY HVAC, INC.



Fall 2015



801-296-0477

www.highcountryhvac.com

Stay Comfy And Healthy Indoors

Colder weather will be here before we know it, which means more time spent inside our homes. Now is a good time to make sure your heating system is ready for the cooler temperatures and your indoor air is healthy.

Hot and cold spots. It's a frequent complaint: certain rooms of the house are too hot in the summer, too cold in the winter, and never seem to be the same temperature as the rest of the house. This may be due to an incorrectly sized system

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for the size of your home, or older, inefficient equipment. We can help troubleshoot the problem so you end up with a better balance of comfort.

Mold and mildew. If you notice inadequate airflow or high moisture levels, your home may be at risk for mold and mildew problems. Improving ventilation can help — particularly in baths and laundry areas. Make sure all appliances that produce moisture are properly vented. Another option to consider is installing a whole-house dehumidifier system to keep your indoor air regulated with correct humidity levels.

Year-round allergies. You can't see them, but they are there — microscopic particles like pet dander, bacteria, pollen, viruses and dust that live in your home. For anyone who suffers from allergies or asthma, these pollutants can be a health risk. One solution is to install an air purification system. It can remove up to 99.9% of these particles, making your home a healthier place to live and breathe.

Dying houseplants. Are your houseplants blooming all year until dry winter air rolls around? Your houseplants — just like you — need moisture to survive and thrive. With central heating, unnaturally dry air can compromise respiratory health. A whole-house humidifier can add the needed moisture to every room of your home, reducing dry skin and sore throats caused by low levels of humidity. ■



The fall season is the perfect time to prepare your home for a cozy winter.

System Maintenance Time

Regular maintenance of your HVAC system is as important as regularly changing the oil or checking the tires on your car. Not only does it keep your system working at peak efficiency, it's also the best way to spot potential problems before they occur. It's wise to have your system checked twice a year.



Regular system maintenance helps prevent breakdowns and improve efficiency — extending the life of your HVAC equipment.

A typical fall checkup will include an overall system evaluation

to make sure your furnace is operating correctly. We'll also check electrical functions and ignition controls; test belts, check filters and drains; inspect and clean the flue; and check the burners and heat exchanger. Proper maintenance protects your investment and offers you peace of mind, knowing that your comfort system will be there when you need it the most.

Call us to schedule a system checkup. Our home comfort professionals are ready to put their expertise to work for you. ■

Tip Check smoke and carbon monoxide detector batteries every six months to make sure they're in working order.

Question & Answer

How do you know when it's time to change an air filter?

The air that flows through your home is drawn into your HVAC unit, run over coils that heat or cool the air, and is then blown back into individual rooms. The air filter collects airborne particles, so indoor air is cleaner and the airflow to your HVAC unit isn't restricted. It's recommended to check the filter once a month and change or clean it as needed, but not to let more than 90 days pass between times.

Consider the following when evaluating if it's time to change your system's air filter: The type of air filter your system uses (see chart at left). The more people who live in your household, the more airborne pollutants, so the filter may need to be changed more frequently. If you have health issues or allergies, you could benefit from changing the filter monthly. If you have pets, the air filter is likely to fill up faster than if you don't have a pet. And when it's peak heating or cooling season, you may want to check and change the filter more often.

Be sure to set a reminder on your phone or mark a calendar, so you don't forget to check and change or clean your air filter on a regular basis. ■

When to change your air filter:	
Filter Type	Replacement Frequency
Traditional Fiberglass or Polyester	Monthly
Washable/Reusable	Washed out monthly and reused
Electronic Air Cleaner	Cleaned regularly (once a month)
Ordinary Flat or Pleated	Every 2-3 months
Pleated, Permanently Charged Electrostatic	Every 2-3 months
Deep Pleated	Once or twice a year

Your filter type and equipment usage will determine how often to change your air filter. Please use the chart above as a guide.

LENNOX A Comfortable Choice

We all want the most comfortable home without uncomfortably high utility bills. And the Lennox® SLP98V gas furnace may just offer you the most comfortable balance between the two.

This top-of-the-line furnace offers enhanced humidity control, an ultra-low constant fan and an insulated blower compartment. With an efficiency rating of up to 98.2% AFUE, you'll enjoy lower utility costs and years of high-efficiency use.

Another benefit is that this system is virtually silent due to exclusive SilentComfort™ technology, which reduces sound levels even when operating at full capacity. It's also iComfort Wi-Fi®-enabled so you'll enjoy the benefits of consistent temperature control.

If it's time to replace your current heating system, the SLP98V may be just the right fit for you. ■

UP TO 98.2% EFFICIENCY CAN SAVE OVER \$800 A YEAR.*

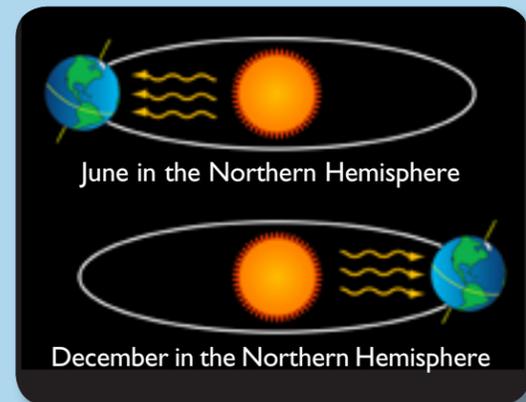
*Savings amount depicts potential energy saving you can expect from Lennox furnaces, versus a 65% AFUE model. Your actual savings may vary depending on local weather and fuel rates, and your individual lifestyle.

Earth & Atmosphere

Reasons For Seasons

Many people believe that Earth's distance from the Sun is what influences the change of seasons, but this is not at all the case. Because the Earth's orbit is slightly lopsided, the distance from the Sun does vary some, but relatively speaking, it isn't much.

The real cause for our changing seasons is the tilt of the Earth's axis. Over the course of the year, the Earth travels once around the Sun tilted on its axis at 23.5 degrees. Due to this tilting, the sun shines directly on the Northern Hemisphere in June, causing warming temperatures and summer. At this same time, the Southern Hemisphere is getting indirect sunlight and it is winter there. Six months later, the Earth has traveled to the "other side" of the Sun and the Northern Hemisphere is receiving indirect sunlight, causing cooler temperatures and winter, while the Southern Hemisphere gets the direct sunlight and summer. The Sun shines equally on the Northern and Southern Hemispheres in spring and fall. ■



Earth rotates on its axis as it orbits the Sun, but the axis always points in the same direction.