



Enjoy Indoor Summertime Fun

Summer is the perfect season for family fun. Time spent relaxing at home with loved ones during family reunions, birthday parties and barbecues is the perfect way to create memories that will last a lifetime. But with so much to plan and do, don't forget about the most important ingredient for an enjoyable summer — a comfortable home.

Our entire team at **High Country HVAC** wants to thank you for the opportunity to contribute to your enjoyment of the season. Some of the most cherished family moments take place during the summer months, but we know that nothing stops the fun more quickly than a broken air conditioner. By calling us for your maintenance and repair needs, you're letting us give something very special — the peace of mind that can only come from a reliably cool home.

Give us a call today, so you can enjoy a worry-free, comfortable home all summer long. **801-296-0477**

Don't Lose Your Cool!

Murphy's Law in action: It's the hottest day of the year, company is coming, and your air conditioner just stopped cooling. Before you get steamed, consult this troubleshooting checklist. Chances are, you'll be cooling off again in no time.

First, check your thermostat:

- Is the thermostat selector switch set to "cool"?
- Is the temperature set at least 3 degrees below current room temperature?
- If you have an electronic thermostat, does it need new batteries?
- When you switch the fan from "auto" to "on", does the fan start?

Next, do an electrical check:

- Check your home's breaker box to see if a breaker has been tripped. If so, reset it by turning it all the way off, then back on. **WARNING:** If a breaker keeps tripping, call us to inspect your system to determine the problem.

If your air conditioner appears to be getting power, but still doesn't produce cool air, the unit's air flow may be restricted. Perform these quick checks:

- Is the air filter clean?
- Are the return air grilles blocked or covered by furniture?
- Are the supply air grilles open?
- Is the air flow blocked around the outdoor unit?

If, after the troubleshooting, your problem persists, call us immediately. Don't lose your cool — we're always here to help!

High Country HVAC
"Raising Your Home Comfort to New HEIGHTS"



801-296-0477

www.highcountryhvac.com

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Changing SEASONS

A QUARTERLY PUBLICATION FOR THE CUSTOMERS OF HIGH COUNTRY HVAC, INC.



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Special Savings

Want To Stay Cool? No Sweat!

When it comes to staying cool during the summer, there are alternatives to hiding out in your air-conditioned home. While you can always count on us to keep you and your family cool inside your home, here are a few ways to cool off, get out and enjoy the summer.

Visit places where the temperature is always low. Best bet: museums, where the temperature is kept cool in order to

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preserve artwork and artifacts. Other options to join the cool crowd: take a stroll through the mall, see a matinee movie, or go ice skating.

Head for the water. Temperatures tend to be cooler near water, so spend the day at a lake, beach, water park or public pool. Don't forget to take along sunscreen, towels, and an ice chest stocked with drinks and snacks.

Have some backyard fun. Don't want to leave home? Gather the family and neighbors and arrange games with water balloons or squirt guns. Even a simple backyard sprinkler draws kids on a hot summer day.

Give your kitchen a break. Summer is a great time for outdoor grilling. You'll enjoy dining alfresco and keep the heat out of the house. Be sure to keep uninvited guests away — remember to apply mosquito repellent.

Watch what you eat. Burgers, fries and heavy foods will increase your body temperature, while light foods like salads, smoothies and watermelon will help cool you off.

Summer is a great time to make memories, especially with children or grandchildren. And even in the dog days of summer, there are plenty of ways to have fun while keeping cool. So get out and enjoy all the tastes, sounds and smells of the season. 🌞



Summer fruits and vegetables are at their peak freshness and flavor. When possible, buy local for the best quality.

Clean Air Filters Enhance Comfort

The air filter plays a key role in the efficiency of your central air conditioning system. It protects the air handler from dirt and dust, which is particularly important when your A/C is working hard to keep your home comfortable.

A clogged air filter restricts airflow and places a greater strain on the air handler fan motor. This forces your system to work harder to cool your home. The end result is poor indoor air quality, higher energy bills and the potential for premature system failure.

Check and/or replace your air filter every month or two to keep your A/C running at its best. And consider the MERV rating (Minimum Efficiency Reporting Value) when making your purchase. Higher-efficiency filters capture more particulates — a great option for people with allergies.

When it's time for service, contact us to keep your system running at its peak performance. 🌞



The higher the MERV rating, the more effective a filter will be in removing particles from indoor air.

Tip Check your sprinkler system for leaks. A dime-sized puncture in your sprinkler line can waste 6,300 gallons of water per month.

LENNOX The Strong, Silent Type

Power, efficiency and quiet operation — Lennox's XC21 air conditioner has it all. Harnessing the latest in industry-leading technology, the XC21 delivers optimum performance while maintaining a high SEER rating and low noise level.

The XC21's scroll compressor features two-stage cooling. The low stage is enough to meet 80% of your household cooling needs, delivering efficiencies of up to 21.20 SEER and potentially hundreds of dollars in annual energy savings.

In addition, exclusive SilentComfort™ technology makes it 20% quieter than conventional air conditioners. Its outdoor fan motor features composite fan blades for reliable, quiet performance, while patent-pending vortex-suppression technology reduces the noise of airflow leaving the unit.

Who says you can't have it all? Call us today to learn more. 🌞



Exclusive SilentComfort™ technology delivers the ultimate in quiet, consistent cooling.

Earth & Atmosphere

Mysteries Of The Sun

Of all nature's phenomena, the Sun's solar cycle is one that directly affects our daily lives. The Sun's solar activity influences the Earth's climate, but scientists are still in the dark about many aspects of our solar system's only star.

There are two classes of explosions emanating from the Sun — solar flares and coronal mass ejections. While much is known about these eruptions, scientists have yet to accurately determine their timing, frequency or severity.

It's known that higher numbers of sunspots — magnetic storms on the Sun's surface — are an indicator of increased solar activity. But accurately predicting the number of sunspots for a given season remains a challenge. This greatly limits advance warning of potentially damaging solar storms, which can carry enough force to destroy telecommunications equipment and power lines. For something so vital to our lives, it's amazing how much is left to learn about the Sun. 🌞



2014 marks an 11-year peak in solar activity, with mid-level solar flares erupting as recently as May of this year.

Question & Answer

What can I do to reduce my summer energy bills?

Taking control of your home energy use can save you hundreds of dollars per year. Here are a few tips to help kickstart your energy savings:

- ▶ Adjust the thermostat to 76–78 degrees when you're home, then turn it up when you're away.
- ▶ Better yet, install a programmable thermostat and set temperatures to match your schedule.
- ▶ Electronic devices constantly draw electricity even when powered off. Plug them into a power strip, then turn the power strip off when the electronics are not in use.
- ▶ Have your air conditioning system professionally serviced. It can be an energy guzzler if not properly maintained.
- ▶ Check the weather stripping and caulk around windows and doors and replace it if necessary. 🌞



You can trust us to take care of your home comfort system so you can enjoy an energy-efficient and worry-free summer. Give us a call today.